

Netherfield Infant School and Nursery

P.E. and School Sport Policy

As with all curriculum policies at the school, this policy is a result of input from all staff at a staff meeting which was then written up by the curriculum leader before being presented again to the whole staff for final approval.

**Aims:** for all children to:

- develop gross and fine motor skills, co-ordination, body and spatial awareness;
- develop a positive attitude to physical activity;
- become aware of the value of exercise and the effect it has on their bodies;
- learn how to work individually, co-operatively and safely;
- be able to respond creatively to a variety of stimuli;
- through P.E. and School Sport, acquire life skills and values such as a sense of fairness, self-worth, honesty, concentration, listening skills;

for adults to:

- support and demonstrate an attitude of inclusion which enables non-participants and children with disabilities to access the learning objectives for Knowledge and Understanding, and to access Skill objectives (adapted where necessary) according to their capabilities.

**Objectives ;** for teachers to:

- provide a variety of opportunities through which skills can be taught and learnt; in floor work, using large and small apparatus, moving to music, indoor and outdoor games.
- be aware that children have different learning styles and provide for auditory, visual and kinaesthetic learners in their planning and delivery;
- explain in simple terms the benefits of physical exercise, what happens to our bodies when we exercise, and how we can demonstrate this e.g. taking pulse, noting breathing rate;

- provide opportunities for individual, paired and group working, encouraging children to plan, describe, adapt and evaluate their own and others' work;
- teach children safety rules in dress and when using and moving apparatus;
- use well-maintained, attractive and stimulating resources;
- praise and encourage children's best efforts;
- use outside resources ( e.g. external coaches) where appropriate, encouraging children to take part in extra-curricular activities

In addition, the curriculum leader will:

- by verbal feedback, monitoring and evaluating teacher assessment, ensure that this informs planning for progression;
- monitor provision for children by observing the teaching and learning as well as access to high quality sport and extra curricular provision.
- help staff to access courses or training which they feel would be useful;
- ensure that resources and equipment are regularly updated, renewed, replaced and serviced;
- provide appropriate resource packs for units of work, easily accessible, for class teachers to use;
- ensure that physical activity in the school is given a high profile by publicising events, celebrating success and inviting parents and the wider community to share in them.

### **Equal Opportunities**

- All areas of physical education aim to promote equal opportunities in accordance with the schools 'Equal Opportunities Policy' which recognises that each child should have access to the curriculum regardless of gender, race or learning disability.

## **Scheme of Work**

The scheme of work for Y1/Y2 will be based on TOPS cards for dance, gymnastics and games.

Scheme of work for the Foundation Stage will follow the same theme for each unit of work at an appropriate level while incorporating the Physical Development section of the EYFS.

Other resources used will Val Sabin Teaching Manual for Dance, Gymnastics and Games, LCP Resource Files which are linked to the QCA schemes of work, TOP Start resources, We Play resources.

## **Allocation of time**

KS1- 2 hours of Physical activity a week. 1 hour led by class teacher and 1 hour by AOTT (Adult Other than the class teacher)

## **OHSL (Out of hours learning)**

From 12.00-1.00pm Children have the opportunities to attend a variety of physical development clubs. They are lead by 'Sport 4 Kidz'

Mon- Fun fit (KS1)

Tues- Multi sports (KS1)

Wed- Street dancing (KS1)

Thurs- Football (Reception)

Fri- Football (KS1)

## **Health and Safety**

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times.

- Children should provide their own PE kits, however spare kits are kept in school as a back up.
- Long hair to be tied up on all occasions.
- No Jewellery to be worn.

## **Assessment**

Assessment is a continuous process and is integral to all teaching and learning.

Assessments will be carried out by:

- Observations
- Listening to and discussing with, individual children or groups of children.
- Use of ICT to record children's achievements.

## **Cross Curricular links**

Where possible teachers will ensure that physical development will be linked to cross curricular activities.

## **Equipment and Resources**

- Every member of staff within school is responsible for the equipment.
- There are a wide range of resources to support children's learning.
- Children are taught how to handle, carry and store equipment safely.
- All PE equipment is stored in the PE cupboard in the hall.
- Any equipment that is damaged or lost should be reported to the curriculum leader.